

Insalate

INSALATA CON SALMONE

Coldsmoked salmon, lettuce, cherry tomatoes, pickled cucumber, lemon vinaigrette & served with crispy bread

Kylmäsavulohta, salaattia, kirsikkatomaattia, pikkelöytyä kurkkua, sitruunavinaigrette & lisäksi rapeaa leipää

13/18€

INSALATA CON BRESAOLA

Bresaola - dry cured beef, parmigiano, rucola, lettuce, balsamico sauce & served with crispy bread

Bresaola - ilmakeivattua naudanlihaa, parmesaania, rucolaa, salaattia, balsamicokastiketta & lisäksi rapeaa leipää

13/18€

INSALATA CON MOZZARELLA DI BUFALA

Buffalo mozzarella, fresh tomato, rucola, lettuce & served with crispy bread

Buffalo mozzarella, tuore tomaatti, rucolaa, salaattia & lisäksi rapeaa leipää

13/18€

Dolci

TIRAMISÙ

Homemade Tiramisu
Vaelsan Tiramisu

11€

GELATO ALLA VANIGLIA CON SALSE

Homemade Ice Cream with chocolate, caramel or berry sauce

Itsetehtyä jäätelöä suklaa-, kinuski tai marjakastikkeen kera

11€

Vino da Dessert

Recioto della Valpolicella

10€

Vaelsa

Home in Helsinki – Heart in Italy

Vaelsa was founded and is owned by Paola Chiodo, an Italian lady who moved to Finland in 1982.

Paola's motto is

Mangia bene, Vivi meglio.

Eat well, Live better.

And that's why she wanted to open her own restaurant, to gather friends and families together to enjoy good food in a warm and welcoming atmosphere.

If you are wondering what Vaelsa means,

Valentina Elisa Sandra

The three daughters of Paola

Benvenuti!



Paola Chiodo
Founder & Owner

Caffè

Espresso	3€
Espresso Macchiato	3€
Cappuccino	4€
Caffè Latte	5€
Americano	4€
Doppio Espresso	5€
Cioccolata	4,5€
<i>Hot chocolate, Kaakao</i>	
Caffè Finlandese	2,7€
<i>Filter Coffee, Suodatinkahvi</i>	
Tè	2,7€
<i>Tea, Tee</i>	

 **LAKTOOSITON / LACTOSEFREE**

 **VEGAANINEN / VEGAN**

 **GLUTEENITON / GLUTEN FREE**

 **GLUTEENITOMANA PYYDETTÄESSÄ /
GLUTEN FREE UPON REQUEST**

 **VEGAANINEN PYYDETTÄESSÄ /
VEGAN UPON REQUEST**

Digestivi

Fernet Branca	7€
Amaro Averna	8€
Sambuca	8€
Limoncello	7€
Amaretto di Saronno	6€
Vecchia Romagna	7€
Selection of Grappa	from 8€
Caffè Corretto	from 5€
<i>2cl of spirit in an Espresso</i>	

NON ALCOLICI

San Pellegrino <i>0,5l</i>	5€
Novelle Mineral Water <i>0,33l</i>	3€
Novelle Still Water <i>0,5l</i>	3,5€
Heineken Beer 0,0% <i>0,33l</i>	4,6€
Soda <i>0,33l</i>	3,4€
<i>Pepsi, Pepsi Max, 7Up, Jaffa</i>	
Fruit Juice	2€
<i>Apple, Orange, Cranberry, Peach</i>	
Milk	1,5€

Bevande

BIRRA

BOTTLE	
Birra Moretti <i>0,33l</i>	7€
Seasonal Beers	7 - 7,5€

SIDRO

Orchard Thieves	7€
Crisp Apple <i>0,33l</i>	
Happy Joe	7€
Dry Apple <i>0,275l</i>	

LONG DRINK

Original Gin Long Drink <i>Grapefruit</i>	7€
Helsinki Long Drink <i>Red Grapefruit</i>	9€

Ask for the winelist!

Aperitivi

Spritz

APEROL
Aperol, Prosecco,
Soda, Orange
10€

HUGO
Prosecco, Mint, Soda
x syrup
10€

CAMPARI
Campari, Prosecco,
Soda, Orange
10€

Sparkling

PROSECCO
Italian sparkling Wine
9€

BELLINI
Prosecco
& Peach puree
9€

LEHTIKUOHU
Alcohol-Free
Sparkling Drink
7€

Classics

CAMPARI SODA
Campari & Soda
6€

AMERICANO
Campari, Martini Rosso
& Sparkling Water
9€

NEGRONI
Campari, Martini Rosso
& Beefeater Gin
10€

Gin&Tonic

BEEFEATER
Gin, Tonic & Lemon
10€

HELSINKI GIN
Gin, Tonic & Grapefruit
12€

BOMBAY SAPPHIRE
Gin, Tonic & Lemon
11€

Pizza

The preparation of the dough takes always up to 3 days. The slow process ensures as light and healthy pizza as possible.
During the 3 days almost all unhealthy ingredients such as sugar and yeast will disappear. This way the pizza wont cause any bloating or other harm.

Classics

MARGHERITA

(also vegan version)

Mozzarella - Basil - Tomatosauce
Mozzarella - Basilika - Tomaattikastike

14€

Add prosciutto +2€

TRICOLORE

(white pizza)

Homemade Pesto - Mozzarella - Cherry Tomato -
Buffalo mozzarella

*Vaelsan Pesto - Mozzarella - Kirsikkatomaatti -
Buffalo mozzarella*

15€

PARMIGIANA

(also vegan version)

Parmigiano - Eggplant - Mozzarella - Tomatosauce - Basil
*Parmesaani - Munakoiso - Mozzarella - Tomaattikastike -
Basilika*

16€

DIAVOLA

Mozzarella - Spicy Salami - Parsley - Tomatosauce
*Mozzarella - Maustainen Salami - Persilja -
Tomaattikastike*

16€

BRESAOLA

(white pizza)

Mozzarella - Rucola - Dry Cured Beef - Parmigiano -
Lemon Vinaigrette
*Mozzarella - Rucola - Ilmakuivattua nautaa - Parmesaani -
Sitruunavinaigrette*

17€

TIROLESE

Mozzarella - Tomatosauce - Brie cheese - Speck
Mozzarella - Tomaattikastike - Brie juusto - Speck

18€

SALMONE

(white pizza)

Cold Smoked Salmon - Red Onion - Capers - Mozzarella -
Sour Cream

*Kylmäsavulohi - Punasipuli - Kapris - Mozzarella -
Smetana*

18€

Extra Toppings

1 €

Rucola, Pesto, Mozzarella, Tomato sauce, Garlic, Pine nuts
*Rucola, Pesto, Mozzarella, Tomaattikastike, Valkosipuli,
Pinjansiemenet*

2 €

Prosciutto - dry cured ham, Ventricina - spicy salami, Buffalo
mozzarella,
Bresaola - dry cured beef, Vegan Cheese, Smoked Salmon,
Emmental cheese, Burrata cheese, Parmesan, Speck,
Gorgonzola cheese
*Prosciutto - ilmakuivattua kinkkua, Ventricina - mausteista
salamia, Buffalo mozzarella,
Bresaola - ilmakuivattua nautaa, Vegaanijuustoa,
Kylmäsavulohi, Emmental juusto, Burrata juusto, Parmesaani,
Speck. Gorgonzola juusto*

Summer

FOCCACIA WHOLE GREEN

(white pizza) (vegan)

Hummus - Fava Beans - Baby Spinach - Pine nut -
Drop of soy sauce
*Hummus - Härkäpapu - Baby Pinaatti - Pinjansiemen -
Soijakastikkeen pisara*

15€

VALENTINA

(vegan)

New potatoe - Porcini Mushroom - Rosemary
Uusi peruna - Herkkutatti - Rosmariini

16€

SANDRA

(vegan)

Tomatosauce - Olive - Sun dried tomatoe - Garlic -
Eggplant - Basil
*Tomaattikastike - Oliivi - Aurinkokuivattu tomaatti -
Valkosipuli - Munakoiso - Basilika*

16€

Add vegan cheese or mozzarella +2€

ELISA

(white pizza)

Artichokes - Rucola - Homemade Pesto - Pine Nut -
Burrata cheese - Lemon Vinaigrette
*Artisokka - Rucola - Vaelsan Pesto - Pinjansiemen - Burrata
juusto - Sitruunavinaigrette*

18€

CROSTINO AL TARTUFO

(white pizza)

Ham - Emmental Cheese - Truffle Paté
Kinkku - Emmental Juusto - Tryffelitahna

18€

COCKTAIL DI GAMBERI

Tomatosauce - Baby Shrimps - Rucola - Cocktail Sauce -
Paprika Powder
*Tomaattikastike - Katkarapu - Rucola - Cocktail kastike -
Paprikajauhe*

17€

Please note that if our pizza is shared for several people on different plates, we will charge 3 € extra.

Please note that the pizza dough includes soy & our mozzarella has lactose in it.
Please inform us of any possible food allergies, we will be happy to accomodate you!